

Are you ready to stop settling for less?

Because of my many years experience as a Personal Transformation Specialist as well as a seasoned Intuitive, I can help you get to the heart of what's really holding you back and help you get your issues moving faster than you ever imagined.

"Shulamit, Now cars can let you know what's wrong before the car shows a problem. I feel like you're like that for me. You can tell me what's going on with me before I even know it. You cut out time that would be wasted with other practitioners who don't have your intuitive abilities. I love that." HY Veterinarian, NY ... [more client comments](#)

Who would you be if you got Unstuck?

I think you'd be unstoppable.

I trust that if you're at my site you're looking for something that's going to move your issues fast and not in the conventional ways that no longer work for you. If you've heard of [Emotional Freedom Techniques](#)

(EFT) and are looking for an EFT practitioner, it's true. I am an advanced EFT practitioner with many years of experience. I have had a practice as a psychotherapist long before there was licensure as well as vast training and experience as a nurse. I am a

[Psychosynthesisist](#)

and

[Interactive Imagery Guide](#)

, an

[Energetic Healer](#)

and

[Matrix Reimprinting Practitioner,](#)

NLP practitioner and more, and have a wide range of training in Whole life Coaching which encompasses, all aspects of life including success, money, career, relationships, consciousness and spirituality. But even more than all that, what I offer you will take our work with these powerful methods to a whole other level. I am a seasoned Intuitive, but not the kind you may be thinking of. I'm not going to tell you the future.

The methods I use are phenomenal at moving issues but adding my skills as an intuitive give me the ability to get to the origins of your issues and help you clear them faster than you ever thought possible.

I'm not here to fix you. I don't consider you broken. I'm not here to do psychotherapy on you. **What I offer you doesn't involve dredging up your issues and dwelling on them** or sitting for dissecting them. There is nothing to "fix" about you. I am here to help you recognize and experience the magnificence that you are. But you can't see or experience the truth of that or manifest your life from that truth if you feel limited in any way. **I'm here to help you clear your self limiting beliefs at their origin.**

The work I do makes changes very fast because it addresses where the problem really is -- in your field. Science has confirmed that everything is made of energy -- our bodies, our thoughts, our emotions, everything. If you've ever felt someone looking at you and turned around you were feeling their energy field. Energetic fields hold information. That information can be related to our body or our feelings and beliefs. The more you repeat a behaviors the stronger a that behavioral field gets. Habits are nothing but very strong fields. **Each person has a field and within it is the information of their family as well as their society. Behaviors and Beliefs have their own fields. Habits are strong fields. Anyone who has broken a new year's resolution gets the power of the field of their habit and doesn't realize why they can't follow through. Your fields are like programs that run behind the scenes in your computers, governing you even though you don't consciously know it.**

The fields that are the strongest tend to be the ones from childhood or any times we have felt traumatized by in our lives. That could be anything from subtle humiliation to a devastating event.

I have lots of clients who can't remember specifics of what makes them believe or feel the way they do. It doesn't matter. You don't have to remember the source of *anything* that you want us to deal with because as you speak I can *literally* feel where we need to clear.

As long as you're ready to take your life on, I'll be right with you to help you dissolve the obstacles to your creating the life you want.

**Who would you be without fear, grief, guilt or shame?
How would you feel if your inner critic became your inner
champion?**

Office, Phone and Skype Sessions available

Individual Couple Group

(973) 259-1988

You were meant to soar. I can't wait to watch you fly!

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